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The Way to Establish Permanent Peace

## Akal International Youth Camp-2010

Akal Academy, Baru Sahib, India

### PROGRAM AND GENERAL INFORMATION

**LOCATION:** The camp will be held at Akal Academy, Baru Sahib, located in the lap of the majestic Himalayan Hills, 135 KM from Chandigarh, near Solan in Himachal Pradesh, India

**CAMP DATES:** July 3 to Aug 1, 2010

**AGE LIMIT: 8 to 25 (In depth experience for Senior Campers)      CAMP CAPACITY: 150**

**CAMP Fee: \$600 /camper**

**PROGRAM AND ACTIVITIES:** The campers will learn *Gurmukhi, Naam Simran, Nitnem, Gurbani Santhya* (correct pronunciation), *Kirtan, Gurmat*, Sikh Philosophy, Sikh history and practical way of Sikh living. Classes for learning musical instruments will also be provided. To sharpen the mind and body, Yoga exercises, *Gatka*, Sports, hiking in the hills, picnics and many other fun activities will take place. Interested campers can avail the opportunity for *Amrit Sanchar* at the camp.

**MUSIC INSTRUMENT CLASSES:** Campers can choose to learn to play any of the following music instruments: Harmonium, *Tabla, Sitar, Violin, Rabab, Saranda, Touse, Sarangi* etc.

**CAMP FACILITIES:** The camp will be housed in a new building with modern, sanitary facilities for boarding, lodging, and classrooms. Campers will be provided with distilled water for drinking. Separate facility will be available for campers' parents

**MEALS:** Delicious and highly nutritious vegetarian meals will be provided. Pizzas, veggie burgers, French fries, milk shakes and other western dishes will also be served.

**MEDICAL:** Baru Sahib has a fully equipped hospital and competent medical staff.

**COMMUNICATION:** Children may receive mail; phone communication may take place on the designated days; and e-mail messages may be sent and will be printed and given to the camper. Authorized visitation is allowed on July 19<sup>th</sup> and July 30, 2010.

**TRANSPORTATION:** Air-conditioned Busses will leave F-3 Rajouri Garden, New Delhi at 9:00 AM for Baru Sahib on July 3. Campers will also be provided with transportation to New Delhi on August 1, 2010. Arrangements will be made to pick up unaccompanied minors from the airport on July 2 and 3.

**Mail the Registration Form to:** The Kalgidhar Trust, 8184 Rainwater Cir., Manassas, VA 20111

**Download Registration Form:** <http://barusahib.org/pdf/Registration-Form-2010.pdf>

**Additional Forms:** <http://barusahib.org/pdf/Additional-Forms-2010.pdf>

#### **IMPORTANT DATES:**

July 2 & 3	Unaccompanied Campers will be picked up from New Delhi Airport
July 3	Arrival of Campers at Baru Sahib in the afternoon
July 4	Opening Ceremony and first day of camp
JULY 19	Mid term competition & authorized visitors day
JULY 30	Closing Ceremony, Award Distribution & Depart for Anadpur Sahib
July 31	<i>Yatra</i> of Harmandar Sahib and other Gurdwaras
August 1	Return to F-3 Rajouri Garden New Delhi in the evening

**Suggestions for Airline Travel:** Try to adjust your flight to Delhi to arrive on July 2 or 3

For departure from Delhi, book for flights on August 1 late at night or Early Morning of Aug 2.

**Registration Coordinator:** Jagreet Singh Gill 571-243-3368 [camps@barusahib.org](mailto:camps@barusahib.org)

**New Delhi Reception and Transport Coordinator:** Sonu Virjee 011-91-987-119-3711 [sonu@barusahib.org](mailto:sonu@barusahib.org)

For further information, please contact: 571-243-3368, email: [camps@barusahib.org](mailto:camps@barusahib.org)