

# Magic of Mool Mantra

Waheguru Gurmantra hai jap haume khoyee  
(By continuous meditation on the gurmantra, the ego is mitigated)

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ਸਤਿ ਨਾਮੁ ਕਰਤਾ ਪੁਰਖੁ  
ਨਿਰਭਉ ਨਿਰਵੈਰੁ ਅਕਾਲ ਮੂਰਤਿ  
ਅਜੂਨੀ ਸੈਭੰ ਗੁਰਪ੍ਰਸਾਦਿ ॥

॥ਜਪੁ॥

ਆਦਿ ਸਚੁ ਜੁਗਾਦਿ ਸਚੁ  
ਹੈ ਭੀ ਸਚੁ ਨਾਨਕ ਹੋਸੀ ਭੀ ਸਚੁ॥੧॥

Ik Onkaar sat naam kartaa purakh  
nirbhao nirvair akaal moorat  
ajoonee saibh'ng gurparsaad.

Jap

Aad sach jugaad sach  
hai bhee sach Nanak hosee bhee sach.

God is One, Truth is his Name, He is the Creator, Fearless, without Enmity  
the Immortal, Self-illuminated and is Obtainable by the Grace of Guru.

Chant and Meditate:

True in the Primal beginning. True through all ages.  
True here and now. Nanak says, He shall ever be True.

Meharban Singh is a prominent Sikh living in Singapore. In the decade of 1970's, I was also living there and Meharban Singh narrated to me a very interesting incident. He said that he, along with his family, had gone to Pakistan for paying obeisance at the Gurdwaras over there. General Ayub Khan was the President of the country in those days. He invited us to his residence over a cup of tea. When we entered his drawing room, I was taken aback on seeing the front wall of his room. It was painted with the words *Ik Onkaar Satgur Parsaad*, with two frames hanging underneath. *Mool Mantra* from *Ik Onkaar Satnaam* till *Gurparsaad* was inscribed in Punjabi in one frame and in Urdu in the other. As I felt curious to know the background of these frames with *Mool Mantra*, I did not take much time in exchanging the initial pleasantries and said, "General Sahib, if you kindly permit me, then I would like to know about these lines of *Gurbani* over there (pointing my finger towards the frame with the *Mool Mantra*". For a moment he became emotional and then poignantly replied, "It is indeed Guru Nanak Sahib's *Kalaam* (verse) because of which I am able to reach this highest post of the President of Pakistan."

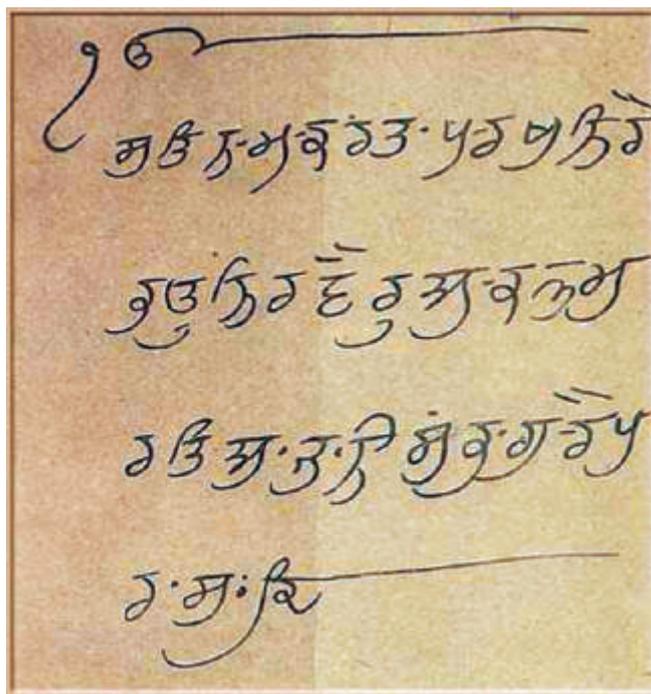
General Sahib went on to narrate his childhood experience connected with the *Mool Mantra*, with the following words: "I was studying in a school in Abbotabad and was very weak in my studies. As a punishment, I invariably used to get bashed in the class. One day, I thought of bunking the school simply to save myself from the daily ordeal and instead went to the Gurdwara Sahib, falling in the vicinity, to take shelter. The *Baba Ji* (head *Granthi* of the Gurdwara Sahib), who was known to me, noticed my actions and enquired, 'Ayub, where are you loitering, is it not the time for you to go to school?' I said, '*Baba Ji*, I will not go to school today. The teachers beat me up daily, I am unable to take it anymore.' He took me fondly into his arms and said, 'Henceforth you will not get any bashing. Recite this *Kalaam* continually on your way to school.' I did the same and went to school. It was the first day, I did not get any bashing and it so happened that I never got any punishment after that.

"I started feeling a lot of change in my life and became more serious towards my studies, work and duties. The final exams approached and I went to the same old man again to request him to pray for me so that I get through the exams. *Baba Ji* said, 'Ayub, Guru Nanak's *Kalaam* of *Mool Mantra* is with you. Understand it, meditate on daily basis and never leave it wherever you go. Whatever you wish for, you will get.' Today, I have reached this highest post of the country by the grace of *Baba Nanak's Mool Mantra* and shall ever remain thankful to him for his blessings."

In the year 2000, I got an opportunity to visit Pakistan. I was taking a round of the market in Lahore when I suddenly recalled the above narrated incident of President Ayub Khan. I went to a book stall and asked for a biography of the General. The shopkeeper showed me a book titled *Friends not Masters*. I went through the pages of the book hurriedly and verified the incident narrated by Meharban Singh. Eminent historian

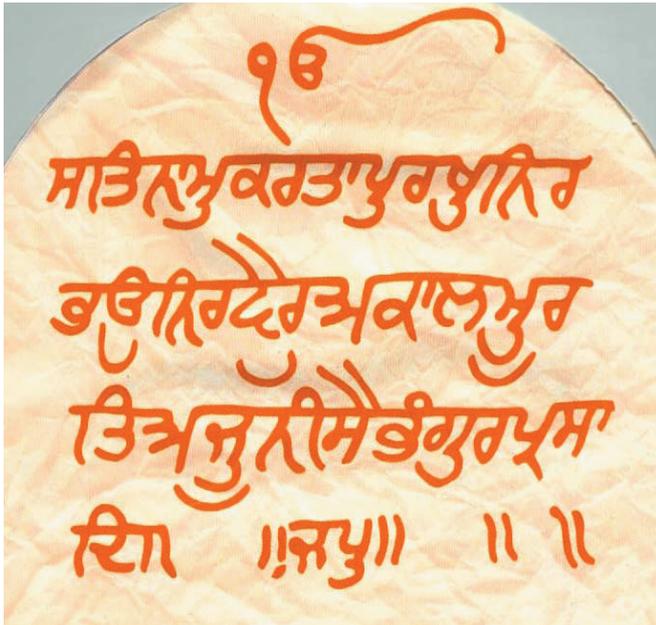
Principal Satbir Singh has also referred to the above incident in one of his books.

V.P. Menon, former Foreign Secretary and India's Ambassador to Russia, in his autobiography, shares a memorable experience during a visit to England to appear for an exam: "I visited the Southall Gurdwara to spend a night. The Head *Granthi* of *Gurdwara Sahib* welcomed me. In the



Mool Mantra on a Pothi written by Guru Hargobind, which is on display in Central Sikh Museum

morning, when I was leaving for the examination center, I requested the aged head *Granthi* to pray for me so that I am able to pass the exam with good marks. He gave me a piece of paper by writing *Ik Onkaar Satgur Parsaad* and advised me to remember these words of Guru Nanak Sahib in my heart all the time and recite the same in case of any problem during exam and said, 'Go and Guru Nanak Sahib will help you out.' I don't know what magic was there in his saying. His words entered my body in such a way as if I had an electric shock. I felt electrified when I reached the examination hall to appear for the exam. On reading the question paper, I started sweating. Then I remembered the advice of the *Granthi Sahib*. I took out that piece of paper from my pocket, recited the name of Guru Nanak and read those words *Ik Onkaar Satgur Parsaad* and started writing the paper. The result was astonishing and beyond my expectation. I went to thank the *Granthi Sahib* and asked the old man '*Baba Ji* what magic is there in these words?' *Granthi Ji* said, 'Never part with this *mantra* and always remember and recite these words. You will never fail in your life and succeed in all your ventures.' Till date, whenever I start any work, I start it with *Ik Onkaar Satgur Parsaad*."



Mool Mantra in the handwriting of Guru Arjan from Kartarpuri Bir

Last December, in one of my lectures when I referred to the above incidents, a young lady said to me, "Doctor Sahib, can these miracles happen now also?" I replied, "Why not, if we repose faith in Guru Granth Sahib, it can happen anywhere, anytime and to anyone". She said, "I had applied for the Canadian Visa, but the Embassy has put a condition to clear IELTS paper by 31st January. I had done my graduation in Punjabi medium. I went to a coaching center, where they took my test and told me that I should appear for IELTS paper only after a 2-year coaching. Please tell me what should I do now?" I advised her, "You must take coaching and simultaneously appear for IELTS paper as well, recite *Mool Mantra* as much as you can during free time and pray before Guru Granth Sahib with complete faith and devotion." The lady appeared for IELTS paper on 24th January and the result came out on 10th February. She was required to score a minimum of 5 bands, while she got 7 bands. She herself and those in the coaching center were astonished over her success. The lady came to thank me with tears in her eyes and said, "I was amazed at the Supreme Power of *Gurbani*, which we were not aware of and nor did anyone tell us about the magic of *Mool Mantra*."

Source: Sant Sipahi, April, 2005

**Let us all learn a lesson from these real life experiences and recite Gurbani from our heart and soul and perform all our deeds by remembering that Guru Sahib is present everywhere and watching all our activities and actions. Follow the path shown by Guru Sahibaan and get blessed. Let us recite Mool Mantra, besides our Nitnem, as much as we can, during the free time/while performing our routine activities. We should not recite the Mantra expecting any miracle, but simply recite to get the Guru's blessings. We should practice it ourselves and persuade others to do so. - Editor**

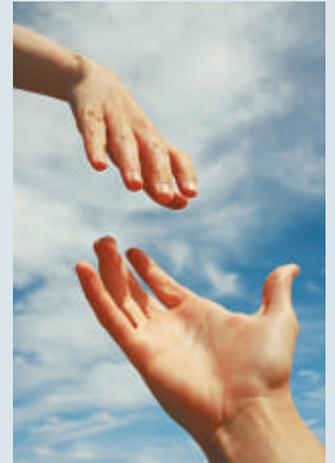
A short story

# Truly blessed

By Gurvinder Singh Chhatwal

Sewa Karat ho-e nehkaamee Tis kao hoat praapat suaamee (286)  
(One who performs selfless service, without thought of reward, shall attain his Lord and Master)

Mohd. Iqbal Shah was my father's close friend. He was a petty shopkeeper having a large family to support. He barely managed his daily requirements. However, he worked hard day and night to earn more for he wanted to visit Mecca for *Haj*, the desire of every pious Muslim. He started saving money for the coveted pilgrimage.



One day Prakash, Anand, Iqbal and my father went to attend a religious discourse. Prakash was very popular among the villagers as he helped every one in need. The sage said that helping the poor and the needy is the highest service to God. Prakash asked the sage how he could be declared the best person of the year for the highest service to God. The sage told him that he should do more charity than what he had been doing earlier and that he was close to be the blessed one. All the friends came back home discussing as to how one could really serve the needy.

A poor farmer had two daughters but he was not in a position to arrange money for their marriages. Prakash found suitable matches for his daughters. One got married and the other one was to get married in a few days. The date was so fixed that Iqbal could leave for *Haj* two days after the proposed marriage. All the villagers worked for the marriage arrangements. The day of marriage arrived. Prakash was happy that by this generous act, he could become the blessed one of the year.

Suddenly the groom's parents made a demand for more money. Prakash had no money left. He had already spent his life time savings to support the marriage, hoping to be the blessed one of the year. He went to Iqbal and told him about the demand of the groom's parents. Iqbal got concerned and without a second thought returned with a bag of money he had kept for *Haj*. Prakash knew how much Iqbal had struggled to save the money, so he refused to take it. Iqbal said, "She is my daughter, so how can I go for *Haj* when she is not happy? My visit to Mecca can be delayed." Everyone admired Iqbal and thanked him.

Prakash was satisfied that the girl was happily married. He went to the sage and asked him if he was the winner. The sage replied, "You were very close to victory but Iqbal over took you. The sacrifice made by Iqbal is much greater and higher than yours."